

AYURVEDA RETREAT

| KERALA



About Rishikul Yogshala

“Revealing wisdom and its cause”

Rishikul Yogshala is a school that's been certified by Yoga Alliance. We're here to help you discover real yoga and have meaningful experiences. Our caring teachers use ancient practices to improve your overall well-being. We also offer detailed courses for those who want to become yoga teachers. Come with us on a journey to learn more about yourself and find balance in life. Start experiencing the true heart of yoga with us today.



COURSE OVERVIEW

DATE

Starts from 1st of the month
(Contact us to customize the dates)

DURATION

21 Days program



WHY CHOOSE US

- Experienced Ayurveda Practitioners
- Peace Amidst Nature
- Affordable Prices
- Community and Support
- Various Ayurvedic Therapies and Massages

BENEFITS OF OUR AYURVEDIC RETREAT

- Stress Reduction
- Better Immunity
- Improved Physical Health
- Self- Awareness and Self-Reflection
- Detoxified Body
- Improved Mental Clarity
- Increased Energy and Vitality
- Nourishment for Body and Mind



OUR LOCATIONS

VARAKALA



Savithri Inn, Thiruvambadi
Beach Road, Kurakanni,
Varkala, Thiruvananthapuram
Kerala



10 mins from nearest railway station

Varkala Edava Kappil Rd,
Vettakada, Edava, Kerala 695311



1 hr 22 mins from nearest airport

Airport Rd, Chacka,
Thiruvananthapuram,
Kerala 695008



28 mins from nearest bus- stop

Salem - Kochi Hwy, Kallambalam,
Karavaram, Kerala 695605

PARAVUR



The Kerala Retreat Kalakkode,
Patambil, Bhoothakulam,
Paravur, Kollam, Kerala



10 mins from nearest railway station

Paravur, Kerala 691301



1 hr 30 mins from nearest airport

Airport Rd, Chacka,
Thiruvananthapuram,
Kerala 695008



20 mins from nearest bus- stop

Parippally, Kerala 691574

FEE

SHARED ROOM

\$650

PRIVATE ROOM

\$550



FACILITIES



Free Wi-Fi



24*7 Hot and Cold water supply



Pick and Drop facility



Spacious Yogshala



Travel and Touring Facilities



Contact us



+91 8433225327



info@rishikulyogshala.org



www.rishikulyogshala.org

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